

Title: Sustainable Development and Resilience of Tourism: Wellbeing and Quality of Life Perspectives

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The present and future success of sustainable tourism calls for a deep-rooted paradigm shift by embracing four pillars of sustainability. With so many environmental, political, economic and social changes observed during the contemporary times, relevancy and integration of the health sector as one core dimension of human sustainability has become paramount. According to Marques, Serraqueiro and Nogueira, “the popular expression of ‘I’m in good health, the rest is secondary’, holds zero meaning today” (2020, p.2). This book strives to scrutinize progress in sustainable and resilient development of, particularly, niche forms of tourism from a health and wellbeing standpoint. It aims to offer deep and innovative insights on the supporting role of non-pharmaceutical interventions to enhance resilience and wellbeing of visited and visiting communities. The shifting consumer preference and the era of new travellers offer multiple opportunities to explore new paths and promote/accomplish various SDGs (sustainable development goals), particularly those related to health and wellbeing (Lew 2020; Santos, Gonzalez, Haegeman & Rainoldi 2020). Key stakeholders in the tourism system also need to be proactively engaged in building resilience capacity (Pocinho, Garcês & de Jesus 2022).

Furthermore, recent research suggests the emergence of conscious consumers, who are keen to “balance between experiencing the authentic offerings from a destination and reciprocating back equitably” (Modal & Samaddar 2021, p. 6). Mindful visitors are more aware and concerned of others in their home and travel environments and practice ethical consumption (Barber & Deale 2014; Chhabra 2010; Sheth, Sethia, and Srinivas 2011). In fact, the pandemic has inspired sustained transformations quest for an enhanced sense of ‘being’ (Modal & Samaddar 2021; Moscardo, Konovalov, Murphy, McGehee & Schurmann 2017; Sheldon 2020).

The potential of conscientious and healthful consumerism, in enhancing quality of life and physical/psychological wellness of visiting and visited communities, is an emerging field of study (Chhabra 2021; Seo, Jordan, Woosnam, Lee et al. 2021). This book intends to make an important contribution towards this line of inquiry. It will aid future researchers to nurture the present repository of knowledge and offer valuable insights to academicians, practitioners and policymakers. The focus is not only timed well, but it also holds tremendous potential to become an important point of reference for future studies on sustainable development of tourism and transformative quality of live frameworks.

Conceptual and/or empirical contributions, in the context of sustainable development and resilience of tourism, are invited. If interested, please submit an abstract based on one of the following themes:

- Contemporary notions of wellness and wellbeing
- Resilient tourism systems in contemporary times
- Developing quality of life paradigms for niche destinations
- Therapeutic landscapes and sustained transformations
- Emotional solidarity and quality of life
- Happiness, wellbeing and sustainability
- Wellness consumption strategies to buffer states of chaos and disequilibrium
- Proactive initiatives of key stakeholders in building resilience capacity
- Significance of designing and promoting wellness programs in conflicting areas, such as war zones or places prone to natural calamities
- Digital detoxification and sustainable tourism
- Indigenous non-pharmaceutical and spiritual healing mechanisms
- Positive psychology and resilience of self and the tourism environments
- The emerging trend of conscientious consumers
- Conscientious visitors and ethical consumption practices
- Nurturing healthful consumerism

Abstracts, which must be submitted by **August 31, 2022**, should be between 300 and 500 words. Authors will be given feedback on their abstracts by **September 20, 2022**. Due date for the submission of the full chapter is **February 21, 2023**. It will be peer reviewed.

Please submit abstract to **Deepak Chhabra** at: deepak.chhabra@asu.edu

Kind regards

Deepak Chhabra

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